

# Growing Good Lives, Together

Networks is a person-centred, relationship-based approach that supports people with intellectual disabilities and/or autism to live good lives rooted in family, friendship, and community.

Rather than fitting people into services, Networks starts with the person — their hopes, relationships, strengths, and everyday life — and builds support around what truly matters to them.

Networks is not a programme or placement.

It is a way of working that puts people, families, and communities back at the centre.



## Our Values

- Equality & Non-Discrimination
- Self-Determination & Autonomy
- Dignity & Respect
- Participation & Inclusion

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# WALK

# Networks



Networks starts with you and your family. We work alongside people and those closest to them to build a life shaped by:

- Relationships
- Belonging
- Purpose

This is not a new service model, but a different use of existing resources.





## How Networks work

Networks works one person, one family at a time, guided by a shared vision for a good life.

We begin by asking:

- How do you want to live?
- Who matters in your life?
- What gives you purpose?



### From there we

- Co-create a Good Life Plan
- Build and strengthen personal and community networks

### Support contribution, not just care

Adapt support as life changes over time  
Relationships are not an outcome — they are the work.

## Our Vision

We believe people thrive when they are:

- Known and valued
- Connected to others
- Active contributors in their communities

Care works best when it grows from relationships, not routines — and when professionals work with people and families, not over them.

### Networks exists to:

- Strengthen families and natural supports
- Build meaningful relationships and belonging
- Reduce dependence on congregated and hub-based services
- Use resources more flexibly and creatively



## What We've Learned

- Families want to remain involved — not step away
- Growth happens at the speed of trust
- Lives become richer when relationships are intentional and supported
- Systems need to adapt to people, not the other way around



## Next Steps

WALK is launching Networks using existing resources in a more relational, flexible, and person-led way, including:

- A dedicated Networks team
- A clear service prospectus
- Shared learning with partners in Ireland and Europe